**Legendary Relationship Worksheet**

To prepare us for your ultimate relationship work, here are your questions that are designed to get out your relationship/ marital blueprint as well as begin the conscious design process. Don’t compare notes before both are done, but once you both e-mail to me, please take time to discuss your answers:

1. What do you want most out of your relationship? (list the top three) On a scale of 1 -10, how close are you to getting or not getting what you want, do you believe, from the other?

2. When you articulate the most magical, amazing, awesome relationship, what would that look like/ feel like? How close on a scale of 1 -10 are you to this ideal relationship?

3. What qualities or attributes did you fall most in love with that each other has?

4. List the top five positive beliefs in general that you have about marriage. Examples:

a. If you work hard, you can create a strong marriage.

b. While some marriages may end badly, I know that if you marry the right person, you can be happy.

c. I believe in soul mates and I have found mine.

5. List the top five negative beliefs that you have in general about marriage. Examples could be:

a. Most marriages are unhappy. They are too much work.

b. Spouses always end up cheating on one another.

c. I never believed I would be happily married.

6. List the top five joyous, fun, or loving things about your relationship and the other (do both parts.)

7. List the top five pain or disappointments about your relationship and the other (do both parts.)

8. What three things would you change about your significant other if you could wave a magic wand?

9. What do you want most out of working with me as it relates to this relationship? Be detailed, be specific.